

IMAGO
THEATRE
GAMES



STUDY GUIDE

Imago's Theatre Games!

A study guide for parents and teachers to use along with, during and after Imago's Theatre Games! videos. This study guide will aid parents and teachers who may continue the games with or without watching the videos.

Welcome everyone! We are going to share with you some fun theater games. There are no wrongs in theater. Everything goes! Just go with your own way to feel and move! The most important thing is to have fun!

The first thing to do is to make sure you have some space around you so you can move around easily without bumping into anything.



Laughing and Crying While Brushing a Bug Off

Comedy and tragedy through undulation. Stand up straight, then bend over and roll back up to standing while brushing the bug off. See Laura do it in the video? This can be done silently or with voice. This can be done with both a forward and backward undulation.

Are You Looking at Me?

There are people who like to be looked at and people who don't. Some people don't want to be looked at. Keep checking to see if someone is looking at you. Let's try "Are you looking at me?" and "I don't want to be looked at."

There are people who like to be looked at and want to be looked at. Pretend people are looking at you. Try to have people look at you and say "can you see me?"



Group exercise

Give each student one of the following phrases without the rest of the group knowing what phrase you gave them. Then have the group guess what they are doing? Guess what each person is or have them do this in groups.

Are you looking at me?

I'm looking at you.

I want you to look at me.

I don't want you to look at me.

I don't want to be looked at.

The Imaginary Conversation

One person plays two parts in silence, and turns sideways to speak to an imaginary person. Then turn the other direction and answer back.

Some ideas to start:

1st person says - "I love you"

2nd person says - "I don't like you"

Then keep going, giving lines to the student.

"Really?"

"I like you a little bit."

Etc.



Climb the Wall

Mime climbing exercise.

This one is tricky so watch the video too try to get the moves. Try to isolate the different parts of your body to:

Catch the top of the wall, pull yourself up, stand on the top of the wall, then jump and land on the ground.



The Chase

Mime running exercise.

Pretend someone is chasing you, look around see them, start running away in place. Look around where to run, look behind you. Then you turn and chase them running in place. Notice your body changes as you go from being chased to chasing someone.



The Weightlifter

Mime weightlifter exercise.

This one is also tricky watch the video to get the moves.

Look at a heavy barbell on the floor. Walk up to it and try to pick it up. You can make some sounds to show how hard it is to pick up. It is so heavy that you have to use your own weight to pick it up. When you finally pick it up, it is so heavy that you have to throw it back to the floor. Be very proud of yourself! You were able to pick up that heavy weight.



Move a Word

Pick a word, say it, then move it.

If the word has four sounds move four times with your body.

Peanut butter (four sounds), chocolate (three sounds), mosquito (three sounds), bug (one sound), pickup truck (two sounds pause one sound). Say the word very softly, then gradually say it louder and louder. Each time you say the word try to make your body move with it. Notice how your body changes when you say it soft or when you say it loud.

At the Beach

Walk on beach and slowly go into the water. See how it gets harder and harder to walk as you go deeper in the water.

Imagine as you walk into the water, it is getting higher and higher on your body and your arms float up. A wave pushes and pulls you and you move with the wave. You push back on the wave trying to stand up tall. Start walking out of the water towards the beach and feel the water go down your body.

Feel how it gets easier to walk as you leave the water but still feel the water around you.

Try to speak. Your words can have water in them. Kind of wet and sloshy.



Comedy and Tragedy Through Laughing and Crying

Have a seat in a chair. Look straight out and then turn your head to the side and make a small smile then turn forward and show your smile. Turn your head to the side and make the smile bigger and do a little laugh. Turn forward. Keep this up and every time you turn to the side make your smile bigger and the laugh bigger and louder until you are really laughing a lot, so much, you are falling off your chair.

Now try the same thing with crying. When you turn to the side make a frown and then turn forwards and show it. The next time make the frown bigger and with a little sobbing sound. Each time it gets bigger and louder until you are really crying a lot and you fall off your chair.

High Fashion Show

You are a high fashion runway model that shows off their clothes. Now the fashion model acts like paper, breaking glass, bouncing ball (watch the video to see Laura, how she changes with each kind of walk). Let's finish with a coat with a lot of buttons.



Magic Mirror

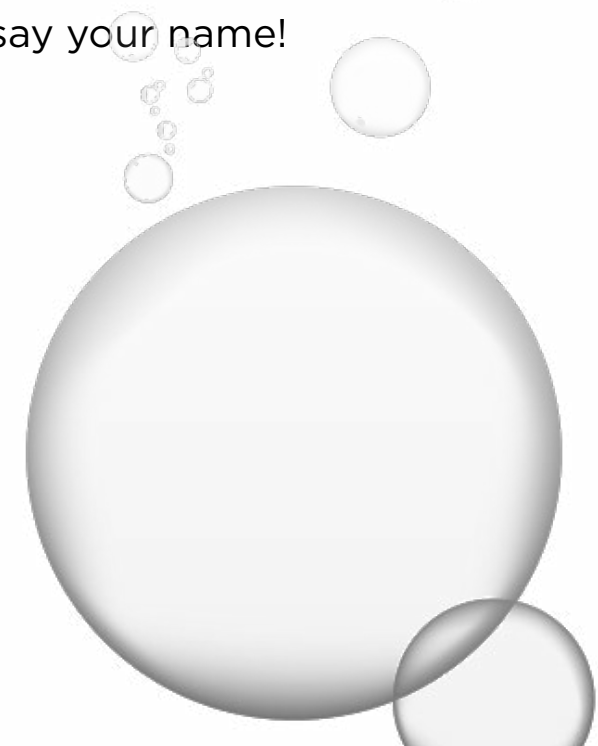
Look at yourself in the mirror and make a small gesture (like maybe put your hand under your chin) and see into the underwater world. See the octopus swim by, see the shark swim by, see little tiny fish swim by. Notice how your head moves either quickly or slowly according to what you see. The underwater world turns back into the real world and you are looking at yourself in the mirror. Look into the mirror. Make the same gesture you started with to come back to the real world.



Space Bubble

Stretch your arms out to the sides. Reach in all directions - including above and below you, stretch out and bend your legs, turn in a circle. This is your space bubble. Show the space by walking inside the space and you bump into the walls.

Now let's make your space bubble larger by blowing up the ball bigger with your breath. Larger and larger and around inside your bubble. Now poke your finger into the ceiling and let your bubble shrink to a very small bubble so you can barely move inside it. Break out of your space and say your name!



Chewing Gum Floor

In your own space, walk around in a circle and when you feel like it, drop your whole body to the floor. Pretend to get stuck like chewing gum. Pull off your hand and the gum pulls you back to get stuck on the floor. Try pulling off different parts of your body, until you are almost standing. Stand up all stuck with chewing gum. You have chewing gum all over you and your hand gets stuck to your leg. Try pulling it off. Get stuck to different parts of your body. Find a pose with your body. This is your dramatic statue. Name your statue or have other people name your statue.

Music Moves You

Sing or hum a song. Every time the music changes - you move your body. Make the music go faster. See what it does to your body. Try humming or singing very slow and move in slow motion. See what it does to your movement.

Make the music stop and start. See what it does to your body. See if the music warps and goes fast and slow and breaks apart.

Feel the music is pushing you. Feel something pushing you back and the music pulling you. Try to stand still but the music won't let you. Have the music make you run around but you want to stand still.



The Tree in the Wind

Become a tree by planting your feet in the ground. Raise your arms to become branches up in the air and let a small wind come and blow your branches. Remember to start with a small wind. Now add a little rain with wind, a storm, a bigger storm, a hurricane and tornado. This tree is very strong and does not fall over to the ground. We now are going to transform from a tree to a person. Transform by pulling your feet out off the ground and trying to walk. The stronger the wind the harder it is to walk. Feel the wind pushing you back as you try to walk. Lean into the wind. Now the wind is pushing you up into the air and you transform into a bird. The wind lifts you.

Have you ever seen a bag being blown in the wind? Try to become the bag moving around in the wind, twisting and turning and leaping. You become the wind leaping in the air. Try to speak. Your words can have wind in them. Light and breathy or stormy.



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